

• community spotlight •

# Aid for AIDS Spa Day: Indulge Yourself By Helping Others

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**D**o you like to lavish yourself with bodily pleasure? On Thursday, Nov. 16, Aid for AIDS—a provider of direct financial assistance to individuals and families living with HIV/AIDS—is offering a Spa Day benefit to provide much-needed aid to its clients.

What is Spa Day? According to Danny Levy, development manager of Aid for AIDS, Spa Day is “self-gratifying, but also selfless. It is a one-day pampering event that benefits people often below the poverty level and without basic needs, living with HIV/AIDS and their families.”

Spa Day is simple. On Nov. 16, 49 day spas, hotel/resort spas and high-end salons throughout New York City, Miami, Fort Lauderdale, Dallas, Southern California (including Los Angeles) and Northern California will give massages or facials to participants and will contribute a portion of their sales to Aids for AIDS and its beneficiaries.



But if you're too busy to attend or would like to buy a spa package as a holiday gift, Spa Day gift certificates are also available. Gift certificates, which also raise money to benefit those living with HIV/AIDS, can be purchased in person, via phone or on the Web from participating spas prior to or on Nov. 16. In giving gift certificates to yourself, your friends, co-workers and family, you will also be generously giving to people living with HIV/AIDS.

Visit the Spa Day Web site ([spaday.org](http://spaday.org)) to find a participating spa and salon near you. Then, simply call and make an appointment for Thursday, Nov. 16. For more information about Aid for AIDS, call (323) 656-1107 or visit the Aid for AIDS Web site.



[aidforaids.net](http://aidforaids.net)